

# HAVE YOU BEEN AFFECTED BY RAPE, SEXUAL ASSAULT OR SEXUAL ABUSE?

Up to 1 in 6 men have experienced sexual violence as children, and up to 1 in 20 as adults

## NEW PATHWAYS SERVICES FOR MALES

We offer specialist services for **men and boys**, including crisis support, advocacy, wellbeing and counselling services, whether their experience was recent or in the past.

### Crisis and Advocacy

Our Sexual Assault Referral Centres (SARCs) are available 24/7/365 and offer crisis support and specialist Male ISVA (Independent Sexual Violence Advisor) support services.

### Counselling and Wellbeing

Our 1:1 specialist counsellors and support workers are fully trained to understand the needs of men and boys and can offer a range of psychoeducation, emotional support and therapeutic services

### Courses and Training

We offer expert professional training on supporting males affected by sexual violence, sexual violence awareness, vicarious trauma, trauma informed practice, safeguarding and related subjects.



Tel: 01685 379310

[www.newpathways.org.uk](http://www.newpathways.org.uk)  
[enquiries@newpathways.org.uk](mailto:enquiries@newpathways.org.uk)  
[training@newpathways.org.uk](mailto:training@newpathways.org.uk)  
Charity No: 1126120 / Company No: 6701013



Tel: 01970 610124

[www.midwalesrsc.org.uk](http://www.midwalesrsc.org.uk)  
[enquiries@midwalesrsc.org.uk](mailto:enquiries@midwalesrsc.org.uk)  
[training@newpathways.org.uk](mailto:training@newpathways.org.uk)  
Charity No: 1149321 / Company No: 08209555



[newpathways\\_](https://twitter.com/newpathways_)



[newpathways\\_](https://www.instagram.com/newpathways_)



[facebook.com/newpathways](https://facebook.com/newpathways)

# YDYCH CHI WEDI'CH EFFEITHIO GAN DRAIS, YMOSODIAD RHYWIOL NEU GAM-DRIN RHYWIOL?

Mae hyd at 1 o bob 6 dyn wedi profi trais rhywiol fel plant,  
a hyd at 1 o bob 20 fel oedolion

## GWASANAETHAU NEW PATHWAYS AR GYFER DYNION

Rydym yn cynnig gwasanaethau arbenigol i ddynion a bechgyn, gan gynnwys cymorth mewn argyfwng, gwasanaethau eiriolaeth, lles a chwmsela, p'un a oedd eu profiad yn ddiweddar neu yn y gorffennol.

### Argyfwng ac Eiriolaeth

Mae ein Canolfannau Atgyfeirio yn dilyn Ymosodiadau Rhywiol (SARCs) ar gael 24/7/365 ac yn cynnig cymorth mewn argyfwng a chymorth gan Gyngorwyr Annibynnol ar Drais Rhywiol (ISVA) i Ddynion.

### Cwmsela a Lles

Mae ein cwmselwyr arbenigol 1:1 a'n gweithwyr cymorth wedi'u hyfforddi'n llawn i ddeall anghenion dynion a bechgyn a gallant gynnig ystod o wasanaethau seicoaddysg, cymorth emosïynol a therapiwtig.

### Cyrsiau a Hyfforddiant

Rydym yn cynnig hyfforddiant proffesiynol arbenigol er mwyn cefnogi dynion sy'n cael eu heffeithio gan drais rhywiol, ymwybyddiaeth o drais rhywiol, trawma mechnïol, ymarfer sy'n ystyriol o drawma, diogelu a phynciau cysylltiedig.



Tel: 01685 379310

[www.newpathways.org.uk](http://www.newpathways.org.uk)  
[enquiries@newpathways.org.uk](mailto:enquiries@newpathways.org.uk)  
[training@newpathways.org.uk](mailto:training@newpathways.org.uk)  
Charity No: 1126120 / Company No: 6701013



Ffôn: 01970 610124

[www.midwalesrsc.org.uk](http://www.midwalesrsc.org.uk)  
[enquiries@midwalesrsc.org.uk](mailto:enquiries@midwalesrsc.org.uk)  
[training@newpathways.org.uk](mailto:training@newpathways.org.uk)  
Rhif Elusen: 1149321 / Rhif Cwmni: 08209555



[newpathways\\_](https://twitter.com/newpathways_)



[newpathways\\_](https://www.instagram.com/newpathways_)



[facebook.com/newpathways](https://facebook.com/newpathways)